



Personal Details:

First Name:

Surname:

Address1:

Address2:

Town:

County:

Country:

PostCode:

Daytime Phone:

Evening Phone:

Date of Birth:

Age on Race Day:

Email:

Anticipated time for completion: hours mins

Signature

Date T-shirt size (S / M / L / XL)

DISCLAIMER: I declare that I will abide by the Laws & Rules for competition of the IAAF and other athletic related sports bodies, that I will be 15 years or over on 15th July 2012, that I will compete on foot (no baby strollers, roller blades, skateboards, wheeled vehicles nor use of any animal) and that I enter and intend running entirely at my own risk. To the extent permitted by the Unfair Contract Terms Act 1977, neither Union Jack Sports Limited nor it's sponsors, agents, servants, suppliers, staff, facilitating authorities will be liable for any loss, damage, illness or injury resulting in negligence, wrongful act or default of Union Jack Sports Limited, it's sponsors, agents, servants, suppliers, staff or facilitating authorities or from any other cause, including any act of God or the physical condition of the competitor. Union Jack Sports Limited reserves the right at it's absolute discretion to alter the date of the event, change the published course or the content of the event programme as deemed necessary at any time. **Please tick here to confirm you agree to these conditions (.....).**

Please return your completed Entry Form to Alison Robinson at The Elizabeth Foundation, Southwick Hill Road, Cosham, Hants PO6 3LL. After registering your details online, a letter of confirmation will be sent to you along with personalised sponsor forms.

Thank you for your support!