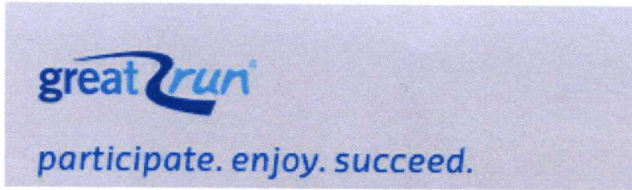


Sunday, 30th October 2011



Southsea, Portsmouth

10 Miles

REGISTER NOW FOR A PLACE IN THE 2011 GREAT SOUTH RUN AND RAISE SPONSORSHIP FOR THE ELIZABETH FOUNDATION

Personal Details:

Email address:

First name:

Surname:

Date of Birth:

Gender: Male / Female

Address lines:

Address lines:

County:

Postcode:

Home tel:

Mobile:

Logon Credentials (The Elizabeth Foundation will register your place online using these details):

User Name:

Password: Elizabeth (All EF entrants will be given the password "Elizabeth")

About you:

* Do you have a medical condition about which the organisers should be informed? Yes / No (please circle)
It is important that you notify us if you have a medical condition. In the event that you require treatment during the run the fact that you have a medical condition is noted on your race number.

* What size t-shirt do you need? Small 38in / Medium 42in / Large 46in
Please specify the size.

Your running experience:

* Are you a member of a running club? If so, please name the club.....

* Are you a self-propelled racing wheelchair entrant? Yes / No (please circle)

Please see online at www.greatrun.org/Events/Event.aspx?id=12 to view the Terms and Conditions of entry for any items relevant to wheelchair entrants.

* Please circle your estimated Running Time (10miles):

- >140 mins
- 120-140 mins
- 100-120 mins
- 90-100 mins
- 70-80 mins
- 65-70 mins
- 60-65 mins
- <60 mins

* Terms And Conditions (please tick)

I agree and I accept all the conditions of entry and acknowledge that the organisers shall not be liable for death, personal injury, or loss or damage as a consequence of my participation in this event, except with regard to death or personal injury which is caused by the organiser's negligence.

Signed..... Date

Please return your completed form to:

**Alison Robinson @ The Elizabeth Foundation
Southwick Hill Rd
Cosham
Hants PO6 3LL**

**and your entry will be registered online at:
<http://registration.greatrun.org/login.aspx?StreamID=294>**

Once your place is confirmed, you will receive an email confirming your registration number & details. You're in!